

# **Jaan Foundation**

## **Annual Report 2021**

**Report on Care, Protection and Rehabilitation of children in vulnerabilities**

**Reporting period – January 2021 – December 2021**

**Shelter Homes covered in this report**

Ferrando Transit Shelter, Shillong

Swapnalaya, Panvel

Premashray, Ranchi

Muskan Manzil Patna

**Activities**

**Care**

**Health**

Children at Ferrando Transit Shelter are fit and healthy and enjoy nutritious meals. In the month of January two of them were taken to hospital for an eye and throat infection. They were given treated and are now doing well. The children are living a balanced life emotionally and psychologically. They accept correction and improve in that area.

At Swapnalaya, Panvel Primary Health Care Centre, Panvel Sub-District Hospital and M.G.M Hospital have been great support for medical care. During the past year, girls have been treated for skin allergies, piles, dental problems, swelling, cold and cough and fever. 4 girls were diagnosed with covid-19 during the month of May. 13 girls were given covid-19 vaccine. Psychiatric treatment was provided to children in need. A medical camp was organized by Lions Club, with the help of Aadhar Hospital, Nair Eye Care Hospital and Wellness forever. Blood checkup and Covid 19 test camp is held by Panvel Primary Health care center every 3 months.

Every month, 2 group sessions are held. Group sessions for the age group of 6-13 and 14-18 are conducted separately. Individual sessions are provided according to the need of the child. Programs were organized on topics like listening skills, anger management health and hygiene, understanding and expressing emotions, team building, how to focus on studies, creative thinking, self-awareness, controlling negative thoughts, mind relaxation therapy and art- based therapy especially for 6-13 age group. Counselling of parents is also provided by the staff members and Counsellor whenever needed.

At Premashray, health of the child is given priority. Nutritious vegetarian and non-vegetarian meals are provided, maintaining a balanced diet. Candle light dinner is held once in a week, silent lunch once in a week, lunch with music once in a week and buffet lunch once in a week.

100 ml. milk is provided to every child. General health checkup and free treatment facility is provided with a weekly doctor's visit. 5 Emergency cases were handled in the past year. Para-medical staff are available 24 hours to care for the inmates. Regular health check-ups medical camps for eye, dental, covid-19 test and general medical health camps were organized by Government hospital, a homeopathic doctor and Rotary Club. 63 children and staff benefited from these camps. Two delivery cases, one with low HB child, two Covid affected children and one TB affected child were admitted in the hospital and treated. All children regained their health due to timely treatment. Free medicine and laboratory tests, prescribed by doctor and mandatory pregnancy test for every child above the age of 12 years were done.

With the help of a psychological counsellor, staff has been regularly counseling children. This year 240 children were counseled and given support to overcome their traumatic experiences. Treatment in RINPAS as per requirement and condition of the child was done for 5 children. One child has been admitted in RINPAS for the last three years. She is becoming better. Periodic counseling of children counseling of parents / guardians was done. Counseling of parents helped in restoring the child to the family and her stability in the family was strengthened.

At Patna, 18 migrant and child domestic workers were given treatment for seasonal cold, fever, scabies and were given medicines to treat worm related problems. These children remain temporarily in the shelter home and they are cared for and they are given nutritious food, fruits and eggs and glucose. 70 children from NFE centres and others were given free health check-up and medication. Regular Counseling sessions were conducted- on the basis of their need. Children were also given Yoga training and they regularly do yoga and meditation. 38 children participated in a Karate session.

### **Capacity Building**

At Ferrando Transit Shelter, a class on science and technology is regularly conducted by Mr. Vivek, a scientist. All the students put a lot of interest in learning, are regular in going to school and serious with their studies. Four of them are learning tailoring.(two of them have finished their class X and two of them will be pursuing class X).

At Swapnalaya, regular programs were held on Aurgandi flower making, stocking flowers, crepe paper flowers and pearl tree, origami, glass painting, jute art, best out of waste (coconut shell art, pista shell art, newspaper art) mehendi, dance, drama and gardening . Training programs were held on topics like: hello periods. role and responsibilities of people on girl child abuse, planning for future. financial education, safe and unsafe touch, manners and habits, attraction, friendship, love and responsibilities, goal setting and career guidance.

At Premashray, skill enhancement training in tailoring and knitting was provided. Two girls were given a sewing machine, when they were restored to their family and six girls got trained in tailoring through a three months intensive training with the support of CINI Organization. Other co-curricular activities were encouraged like singing, dancing, drawing & painting, quiz games and sports. Thematic based training and awareness programs were conducted on child rights, child related laws, Environment etc. Festivals and special days were observed.

At Muskan Manzil, CDWs beyond 15 years of age (drop outs) working in families are given tuition classes on Sundays and encouraged to write 10th exam. 3 girls wrote their exams and passed. During lock down the children were given tailoring training. The children were also taught Spoken English and Grammar Classes. Children in the Shelter home have coaching classes in the morning and the evening during holidays and after school. Non-formal classes- are also conducted for 186 CDWs and working children. Training programs conducted included Sensitization of community and children parents, caregivers on engaging children in labour , Leadership training for CDWs and Bridge Course children , Life Skills Training , Child rights, Participation and Protection , Program for the CDWs parents on safe parenting and value of Education and on the ill-practice of child marriage · Capacity building Program for the CDWs and NFE center children on, Play back theatre program on the life journey of Indian women-Awareness Creation , awareness training on the proper use of gadgets by the teen agers .

### **Skill Training**

At Premashray, skill Training is also provided for young women from economically poor households aiming to decrease human trafficking while favouring safer migration.

The courses held are:

1. Tailoring and cutting (garments designing and sewing) Regular classes (theory and practical) on basic garment designing and sewing. The duration of this is four months or 120 days.
2. Home-nurse and health care services Regular classes (theory and practical) on Home Nurse and basic Healthcare Services: includes elderly, child, mother and baby care and other health aids. The duration of this is four months or 120 days.
3. Basic computer applications Regular classes (theory and practical) on basic computer applications: includes Microsoft Windows and Office (MS Word, MS Excel and MS PowerPoint). The duration of this is four months or 120 days.
4. Basic literacy skills: Basic literacy skills: includes basics of Hindi, English languages and arithmetic
5. A six days training on herbal medicine preparation and treatment Regular classes (theory and practical) on identifying medicinal plants, identification of sicknesses and their symptoms, treatment and preparation of herbal medicines.

6. Two days training on legal awareness: Guest lecture by a High Court layer on basic legal and human rights and how to act (individually and collectively) when human rights are violated.

6. Other guest lectures on personality development, communication skills and leadership Opportunities are created for the trainees to perform and undertake various responsibilities and to exercise leadership effective communication skills. The activities include group discussions, performing cultural items: dances, songs and skits to overcome stage-fear and nervousness while speaking in public.

The fourth batch of the Stars Training Program had 46 young women learning Tailoring, Home-nurse, Computer and English and Hindi languages. The batch began on 1st January 2020 and continued till 22nd March 2020 and was discontinued due to Covid. Towards the end of September 2020 as the lockdown was relaxed all of them were called back to resume their training. However, only eight of them could come back on 1st October and resume their tailoring classes. By the end of October, they too have learned the trade well and went back. Five of them have started their own tailoring shops at their homes and villages. The fifth batch was organised from November 2020 to March, 2021 was conducted with the participation of 37 female candidates. 40 young women joined the sixth batch which began on July 5, 2021 and continued till 31th October 2021. 10 Candidates left the Training in between the session because of their Health issues and personal problem

At Muskan Manzil, skill training programs were conducted on Tailoring, Muffler making and making posters.

### **Rehabilitation & Reintegration**

Ferrando Transit Shelter receives cases of children from Child Welfare Committee, police department and the public. Usually, they are reintegrated when they reach the age of eighteen or earlier if their parents/relatives are traced. After much counseling both for the children/ and the parents/relatives, the children are sent back with them. Some of the children who need care and protection are still in the shelter home. At present there are 20 girls staying at the shelter home. Two of them have successfully completed their class X. This year, two of them will be doing their class X in NIOS.

At Swapnalaya, with the help of Child Welfare Committee and District Child Protection Unit of Raigad District, Maharashtra children been transferred for rehabilitation to the following states: West Bengal- 1, Andhra Pradesh- 1, Uttar Pradesh-3, Thane-5, Delhi-1, Bihar-1, Maharashtra-1. 18 girls have been handed over to their parents within Raigad District. Till now, 31 girls have been reintegrated with their family.

At Premashray, rehabilitation/restoration and releases were done as per the order of CWC. Different modes were followed like transfer to CWC/DCPO of other district/states, handing over to parents / legal guardians, admission to in educational institutions and release after attaining the age of 18. Children with no trace of home or parents/guardians or for whom CWC decides for the child's best interest are admitted to government residential schools. In the year 2021, twelve new children were admitted to residential schools. They are under

the care of Premashray. Totally, 23 children are now studying in residential schools, after arranging funds, donations and support from individuals, institutions, NGO's for rehabilitating these children.

At Muskan Manzil, the rescued children are encouraged to join the formal school. Those children who cannot afford, or who could again become CDW are kept in the shelter home and sent to school. Those rescued children from local Patna, who are repatriated are regularly contacted. Mostly the rehabilitation is done through bridge schools where they get the taste of education and return to formal schools

### **Follow-up: post Reintegration**

#### **Ferrando Transit Shelter**

Two of the students doing class X in NIOS have completed successfully. One has become a kindergarten teacher and the other will be continuing her class XI & XII from her home.

At Swapnalaya, follow-up is been taken by home visits and through phone calls every month and in some specific cases, every 7 days. During follow-up, information of the child regarding behaviour, education and other aspects is collected. A report is prepared and submitted to Child Welfare Committee, Raigad. After reintegration, Plan India counsellor visited the child's house and provided family counselling and individual counselling services. Legal services were provided by Plan India to take benefits of Manodhairya Scheme for the victims under POCSO Act, 2012.

#### **Premashray**

Follow up through phone calls and physical home visits were done. Counseling by phone calls and when needed, home visits were done. In the past year, about 60 children were counseled through phone calls and 7 children's family visits were done. In case of problems, concerned authorities were informed and together problems were solved. Inspections were conducted periodically by various competent government and legal authorities. 10 individual donors and 5 organizational donors provided masks, sanitizers, edibles, stationery, fruits and dry rations.

#### **Muskan Manzil**

Families of children are contacted to convince parents to send then to school or for tailoring classes. Family counseling is given to enhances the security of the child and motivational training is given in order to encourage the parents to send their children to school .

### **New Admissions and rehabilitation status:**

<b>Shelter Home</b>	<b>New Admissions</b>	<b>No Of rehabilitated CDWs</b>
Ferrando Transit Home	0	2

Swapnalaya	51	31
Premashray	282	19
Muskan Manzil	3	28